

ROAD TO PARIS

An integrity guide for the
Paris 2024 Olympic Games



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This leaflet brings together essential information for all Athletes and Athlete Support Personnel (ASP) bound for the 2024 Paris Olympic Games.

This should be a useful resource to keep all of you on the right side of the rules before, during and after the Games!



Get this in your language:



Organisational responsibilities during the Games

All athletes and ASP participating in Athletics events at the Paris Olympic Games are bound by the International Olympic Committee's (IOC) rules during the Games. Any breach of the IOC rules during the Games Period (18 July-11 August 2024 inclusive) will be managed by the IOC with regards to consequences for the Olympic Games (e.g., disqualification of results, removal of medals, withdrawal of accreditation).

Any consequences beyond the Games (e.g., period of prospective ineligibility) will be managed after the Games Period by the AIU under the applicable World Athletics Rules.



The IOC has primary responsibility for the integrity programmes that are conducted in the sport of Athletics at the Games.



The IOC has delegated anti-doping responsibilities to the International Testing Agency (ITA), who will be responsible for testing during the Games.



The AIU will be present in Paris and will co-operate with the IOC/ITA as necessary to ensure the proper application of the rules in the sport of Athletics.

Important dates

18 April to 17 July inclusive: Pre-Games Period

During this period, the AIU, ITA and National Anti-Doping Organisations (NADOs) can test athletes.

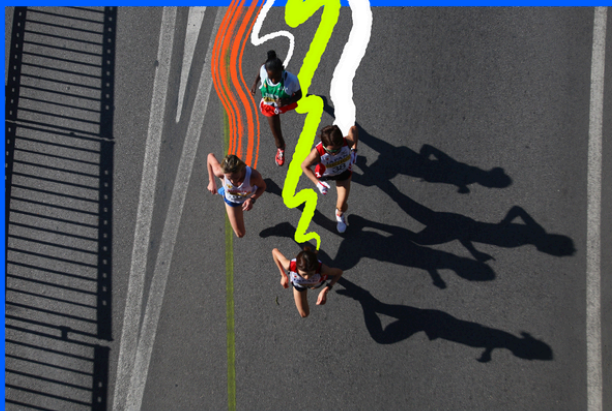
18 July: Opening of the village

Testing at the event venues will only be carried out by ITA. The AIU may still conduct testing outside of the event venues.

01-11 August: Athletics events during the Games

11 August: End of Games

Jurisdiction for athletics back with the AIU from 12 August



Testing



In-competition and out-of-competition period

Even if you take a substance Out-of-Competition, if it is banned In-Competition and it is found in your sample (collected In-Competition), you can face sanctions. Consult your physician to understand the washout period of a substance permitted Out-of-Competition but banned In-Competition. The washout period refers to the time from the last administered dose to the time of the start of the In-Competition period.



The IOC Anti-Doping Rules provide for a different definition of In-Competition period to be applied in Athletics during the Games. 📌

In-competition period	Out-of-competition
<p>The period commencing at 23:59 on the day before a Competition* in which the athlete is scheduled to participate through to the end of such Competition and the sample collection process related to such Competition.</p> <p>*The term "Competition" is defined in the IOC Rules as "a single race, match, game or singular sport contest", for example, the final of the Men's 100m in Athletics.</p>	<p>Any period not in-competition. This means at all other times.</p>

Example: You are scheduled to run the 1500m semi-final on August 4, and the final will take place on August 7. The In-Competition period for the semi-final would be from 23:59 on August 3 until the completion of testing for the semi-final on August 4. The In-Competition period for the final would be from 23:59 on August 6 until the completion of testing for the final on August 7. If you were to be tested between rounds on August 5, this would be considered an Out-of-Competition test.

Therapeutic Use Exception (TUE)

If your name is on the final list of entries for the Olympic Games and you need a TUE before the opening of the Olympic Village (up to 17 July inclusive), you need to apply for a TUE to the AIU in accordance with the [World Athletics Anti-Doping Rules](#). That means submitting an application to the confidential e-mail address at tue@athleticsintegrity.org at least 30 days before the start of the Games (unless it is strictly an emergency or exceptional situation).

Pre-existing TUEs will follow the IOC recognition process and there is no need to re-submit your TUE to the IOC.

If you need a TUE after the opening of the Olympic Village (from 18 July 2024 onwards), you must apply through the ITA's TUE office in the Polyclinic. The full process is described here: <https://ita.sport/tue-paris-2024/>



Remember: TUEs granted by the IOC are only valid for the period of the Olympic Games.

Prohibited List Update

The 2024 WADA Prohibited List will be used for the Paris 2024 Olympic Games. The List includes all the substances and methods prohibited In-and Out-of-Competition.

Note: Tramadol, a narcotic, was added as a substance that is Prohibited In-Competition on 01 January 2024.



Whereabouts

Whereabouts information provided by athletes allow the testing authorities to locate athletes for effective no notice out-of-competition testing. In the lead-up to the Games, if you are travelling extensively for events, qualifiers, training camps, please be sure to keep your whereabouts up-to-date and accurate.

	RTP and Monitoring Pool Athletes	Other International-level Athletes
Prior to arrival at the Games Village	Should continue providing detailed Whereabouts via ADAMS, Athlete Central, Athlete Connect, including rooming info etc.	Not required to submit Whereabouts
At the Games Village	Should continue providing detailed Whereabouts via ADAMS, Athlete Central, Athlete Connect, including rooming info etc.	Not required to submit Whereabouts
	For the period of the Games, your National Olympic Committee is required to submit your rooming information to the ITA via the ITA Rooming App. If you change rooms during the Games period, you must update it on ADAMS and immediately advise your NOC and you may face consequences if you fail to do so.	
Post Games	Continue to submit Whereabouts via ADAMS, Athlete Central, Athlete Connect etc.	Not required to submit Whereabouts

Monitoring Pool* athletes are potential RTP athletes and are required to submit limited whereabouts information to the AIU.

Shoe regulations



The [World Athletics Athletic Shoe Regulations](#) govern which shoes you can wear at the Olympic Games.

Check the Approved Shoes List

You may only wear shoe models authorised by World Athletics during the Olympic Games. You should familiarise yourself with the name and model of the shoe you will be wearing ahead of time. To check the authorised shoe list, click [here](#).

Please note that Development and Bespoke shoes are not allowed to be worn at the Olympic Games.

Health-Related Adjustments

Should you need to modify your shoes for medical reasons, like using orthotics, apply for an approval in advance.

In advance of the Olympic Games, you may be required by World Athletics to provide a shoe declaration. This is to confirm 1) the shoe model you will be wearing and 2) that you have verified that this shoe is on the authorised shoe list.

Post-Competition Check

After your event, you may undergo shoe control. Always keep your athletic shoes with you after completing your event.

Frequently asked questions about the Athletic Shoe Regulations are available [in this document](#).

Competition manipulation

There are strict rules in place at the Olympic Games to prevent any form of competition manipulation.

Under the Olympic Movement Code on the Prevention of the Manipulation of Competitions, you must:



Report any approaches you are aware of at the first opportunity



Co-operate with any investigations that are conducted.



NOT bet or promote betting on events or competitions associated with the Games (including in sports other than Athletics).



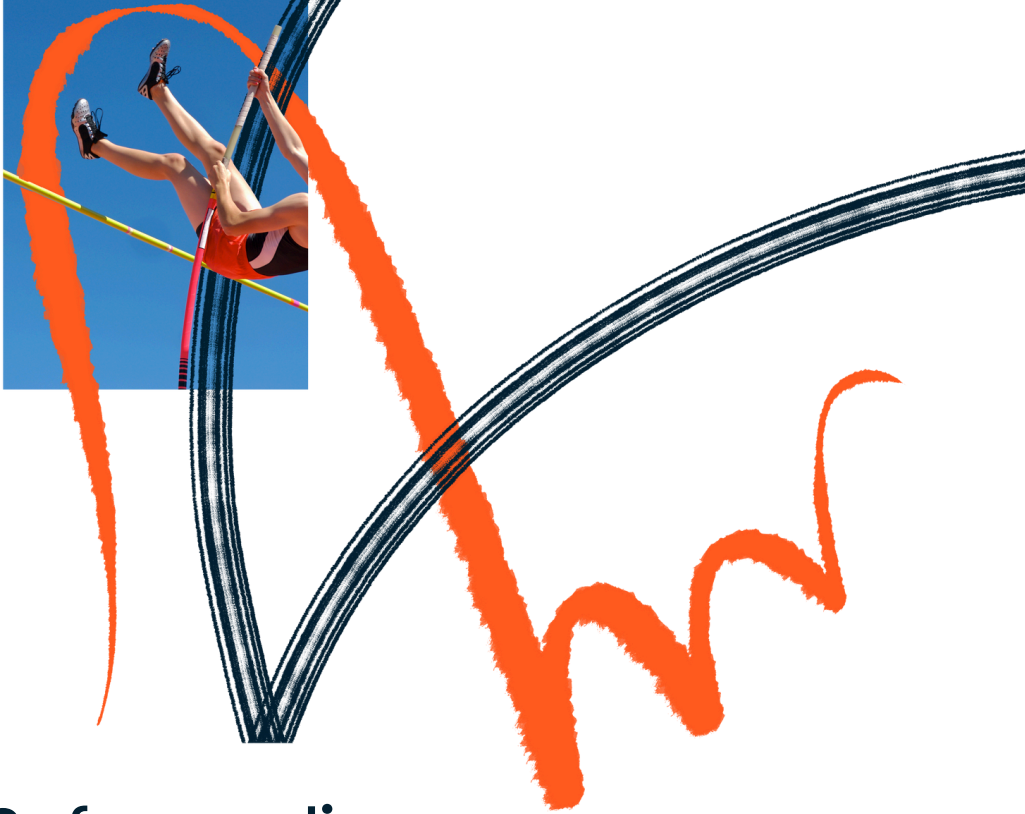
NOT enter into an arrangement, act or omit to act aimed at improperly altering the result or course of an event or competition with a view to obtaining an undue benefit for you and/or for others.



NOT give, seek or receive benefits related to the manipulation of a competition or any other form of corruption.



NOT share inside information.



Safeguarding

The IOC Framework for Safeguarding Athletes and other Participants is implemented to safeguard athletes and ASP from harassment and abuse during the period of the Games. The Framework supplements the World Athletics Safeguarding Rules to ensure a safe and supportive environment for all accredited Participants in the sport of Athletics.

At the Games, the World Athletics Safeguarding Officer will be available to listen to any safeguarding concern you might have and will work in collaboration with the IOC Safeguarding Team and NOC Welfare Officers to ensure appropriate measures are taken under the applicable IOC processes.

For the period of the Games, the available reporting channels are the following:



The IOC Safeguarding Officer(s) and/or the delegate designated by the IOC Safeguarding Officer(s) present in the Olympic Village(s)

The safeguardingofficer@olympic.org email address.

The appointed World Athletics Safeguarding Officer at: safeguarding@worldathletics.org

The [IOC Integrity and Compliance Hotline](#)

The IOC staff working in the dedicated Safe Sport areas in the Olympic Village(s)

[The Safe Sport sections](#) of the Athlete 365 website (olympics.com)

Confidential support and consultation will be available at the Safe Sports Zone, located above the Fitness Centre in the Games Village.

Play your part by reporting

You can make an anonymous integrity report to AIU at any time before, during or after the Games.

Scan the QR code, call, or email us:

+33 1 87 16 96 42

Confidentialreport@athleticsintegrity.org

www.athleticsintegrity.org/make-a-report



Applicable rules and other documents

IOC Code of Ethics (including the Olympic Movement Code on the Prevention of the Manipulation of Competitions at page 83 and following): [IOC Code of Ethics - Olympic Principles and Rules of Conduct \(olympics.com\)](#)

IOC Anti-Doping Rules:

<https://olympics.com/ioc/fight-against-doping/medical-and-anti-doping-rules-for-the-games>

IOC Framework for Safeguarding Athletes and other Participants: [IOC-Games-Time-framework-ENG.pdf \(olympics.com\)](#)