



Athletics  
Integrity  
Unit

Power Of Respect



All about  
Whereabouts



# What is Whereabouts information?

Whereabouts information is used by the Athletics Integrity Unit (AIU) to locate athletes for out-of-competition testing with no advance notice, which is central to the AIU's Testing Programme.





# What is the RTP?

The World Athletics Registered Testing Pool (RTP) is a select group of elite athletes who are subject to regular out- of-competition tests and responsible for providing Whereabouts information.



# Being an RTP athlete supports that



You are amongst the best athletes in the world, it is a great achievement!



You want to protect your reputation, and that of our sport, and your proud nation.



You respect your sport and your status as a role model.



You contribute to creating a level playing field in athletics by submitting your Whereabouts.



# Information required

- Overnight accommodation
- 60-minute time slot
- Competition schedule
- Regular Activities (including training schedule and work/ studies if applicable)
- Travel schedule







# Keep in mind

You are required to provide sufficient detail in your Whereabouts to enable a DCO to locate you for unannounced testing, without making a phone call or asking neighbors for direction. The AIU generally advises DCOs not to place a phone call.

You can be tested at any time, also outside of your 60-minute time slot.



The AIU, your NADO and other NADOs with authority may use your whereabouts to test you.

Inform the AIU if you are pregnant, injured or wish to retire.

**You cannot refuse testing.**

**Refusal = testing positive, therefore a likely 4-year ban.**

**As soon as you are aware a DCO is there to test you, you must comply.**



Love

Respect

Protect

## Good practices

- ✈️ Include competitions and travels as soon as an entry or booking is confirmed.
- 🕒 Set an alarm before your 60-minute time slot and stay at the location you have indicated for the entire duration of your 60-minute time slot.
- 🛏️ Include room number when you stay at hotels and inform reception of your need to be accessible for controls.
- 📝 Include explanatory notes, pictures, or GPS coordinates where necessary.



# When to file Whereabouts information

Your Whereabouts shall be submitted four times per year and must be kept updated throughout the year.

The quarterly deadlines are 15 March, 15 June, 15 September, and 15 December.

After submission, you shall update your Whereabouts as soon as you become aware of a change in your circumstances.





# How to submit your Whereabouts

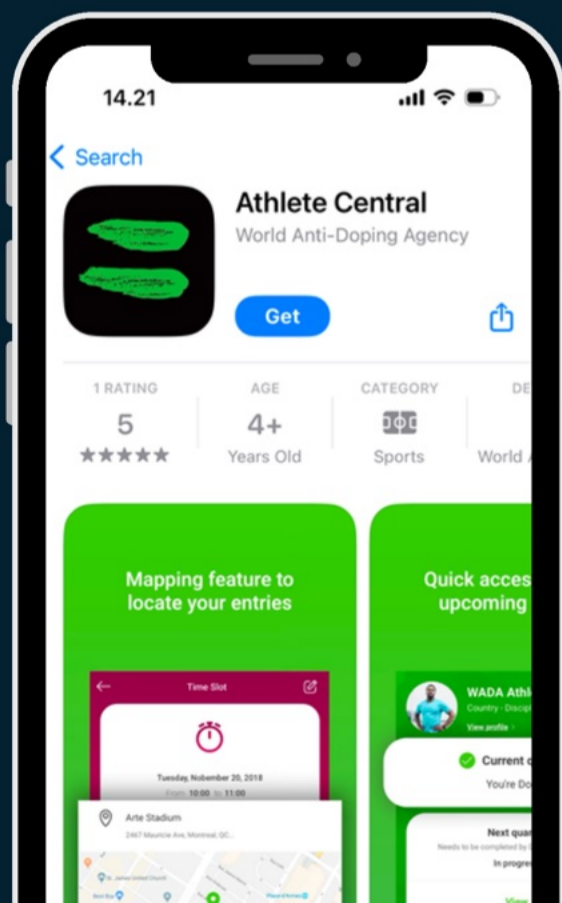
ADAMS Website or Athlete Central App.  
If ADAMS and Athlete Central is down when you need to make an update, send the update to [whereabouts@athleticsintegrity.org](mailto:whereabouts@athleticsintegrity.org).



Watch our tutorials

ADAMS tutorial – [Youtube](#)

Athlete Central tutorial – [Youtube](#)



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# There are two types of Whereabouts failures



## Missed Test

Unavailable for testing during 60-minute time slot



## Filing Failure

Incomplete or inaccurate Whereabouts, late submissions, and unjustified last-minute updates

# Potential consequences of failing to comply with Whereabouts requirements

- Ban from sports that could stretch up to two years
- Disqualification of results
- Financial losses
- Negative impact your social status, reputation and marketability





## Your Whereabouts: Your responsibility

As an RTP athlete, you're responsible for ensuring your Whereabouts information is always accurate and up-to-date. You may delegate the task to a coach, manager, or a family member to file Whereabouts on your behalf, but you need to maintain good communication between yourself and the delegated person to ensure Whereabouts accuracy. They need to be fully aware of consequences you will have to bear for any lapses.

**Remember, you remain directly and ultimately responsible for any failure to comply with your Whereabouts requirements.**



# Questions or concerns?



Consult the [ADAMS Help Centre](#).



Mail to

[whereabouts@athleticsintegrity.org](mailto:whereabouts@athleticsintegrity.org)



Educational requests to

[education@athleticsintegrity.org](mailto:education@athleticsintegrity.org)

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