

Join the AIU community!

Every year we interact with over 1000 athletes and athlete support personnel from all over the world in over 14 languages as we seek to support the athletics community and cultivate a culture of peer-to-peer exchange.



Power of Respect

You can be a part of it.

Connect with the AIU through different digital channels:

Follow us on social media:

ⓧ @aiu_athletics 📺 @aiu_athletics 📺 @aiu_athletics

Email us at: community@athleticsintegrity.org

Browse our website at: athleticsintegrity.org

Come and visit us at our booth in Lima at the competition venue.

What is age manipulation?



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Also known as age cheating, age fabrication, and age fraud; age manipulation is when an athlete changes their age in some way, to appear either older or younger to gain a competitive and financial advantage.

Why is age manipulation a threat to the integrity of our sport?

- It is a breach of World Athletics Competition Rules and the Integrity Code of Conduct.
- It is dishonest and considered cheating.
- Athletes may obtain an unfair advantage over their competitors (they could be more experienced or have physical advantages)
- Denies opportunities and potentially medals to other emerging young athletes.
- Adversely affects the reputation of athletics and bringing the sport into disrepute.
- Obtaining and/or using falsified official documents (particularly for the purpose of traveling) may also be a criminal offence.

What can you do to protect the integrity of athletics?

Athletes, Officials and Athlete Support Personnel (ASP) can guard against age manipulation and therefore your behaviour matters. For example:

Federations and ASP: conduct thorough and regular checks of registered athletes' identification documents and ensure they align with the data already held. As standard, athletes should provide proof of age when they first register with a federation.

Athletes, federations and ASPs: should check the date of birth or age is correctly recorded when entering an athlete into an event or official databases (e.g., ADAMS). If the AIU finds a discrepancy in an athlete's age across events or official databases, both the athlete and federation will face significant scrutiny.

Athletes: Be honest about your age and date of birth. Do not attempt to obtain falsified documents or allow others to obtain documents on your behalf. If anyone asks you to change your date of birth or age at any time, refuse to be complicit and report it to the AIU.

Make a report

You can help us to protect the integrity of athletics and report anonymously any integrity issue to AIU.

Scan the QR code, call, or email us:

+33 1 86 16 96 42

confidentialreport@athleticsintegrity.org

www.athleticsintegrity.org/make-a-report

