

2025

# National Federation Obligations

RULE 15

## SUMMARY OF OBLIGATIONS

### Category B

THE ATHLETICS INTEGRITY UNIT ("THE AIU") FIRST FLOOR, 6 QUAI ANTOINE 1ER,  
MONACO, MC 98007

## KEY 2025 DEADLINES

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### REPORTING, TO SUBMIT TO THE AIU

1 March	Submit - Education Plan - ASP Register
15 April	Submit Long List of athletes for Tokyo World Championships team
1 July	Submit <b>Updated</b> Long List of athletes for Tokyo World Championships team
October, date TBD	Submit - Education Report - Medical register

Note: the AIU may ask you to submit additional information throughout the year.

### LEAD-UP TO TOKYO WORLD CHAMPIONSHIPS PERIOD

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08 November 2024 – 7 September 2025

This is the period which the AIU will use to analyse national teams testing statistics.

For previous examples, please see the statistics published on the AIU website:

eg. <https://www.athleticsintegrity.org/national-teams-testing-levels-paris>

**Note: the full Rule 15 requirements in full details can be found in the World Athletics Anti-Doping Rules. This document serves merely as a summary.**

## PURPOSE

The Rule 15 framework is designed to ensure that Member Federations:

- take ultimate responsibility for the delivery of strong and effective anti-doping programmes in Athletics in their respective jurisdictions
- have rules and policies that are compliant with the Code and the International Standards

## GENERAL OBLIGATIONS (applies to all Categories)

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- Adoption of compliant rules and regulations
- Mechanism for reporting doping
- Obligation to pursue and report all apparent anti-doping rule violations (ADRVs)
- Reporting and Results Management obligations
- Member Federation personnel
- Medical treatment and supplementation
- TUEs

Adoption of compliant rules and regulations	
> Ensure full application and enforcement of World Athletics rules in your jurisdiction.	Ensure World Athletics Anti-Doping Rules are incorporated within your Federation's own regulatory framework (either directly or by reference) so that both your Federation and the AIU can enforce the Rules against all athletes, support personnel and other persons under your jurisdiction.
	Ensure that all individuals participating in the sport of athletics under your jurisdiction (athletes and support personnel) agree as a condition of such participation to be bound by the World Athletics Anti-Doping Rules and to submit to the results management authority set out in such Rules.
	Provide World Athletics/AIU with a copy of your Federation's constitution, rules and/or by-laws incorporating the World Athletics Anti-Doping Rules (directly or by reference).

Mechanism for reporting doping	
Promote an open environment that encourages athletes, Athlete Support Personnel and other whistle-blowers to report on doping and other non-compliant situations	
Put in place effective mechanisms (eg hotlines, email addresses for the provision of tip-offs) to enable doping and other non-compliant situations to be reported directly to a designated individual or entity at national or regional level whose function is to assist the Person reporting the information and/or to the Integrity Unit and/or to WADA.	
Obligation to pursue and report all apparent anti-doping rule violations (ADRVs)	
> Ensure that all potential or asserted ADRVs are duly investigated, pursued, and reported to the AIU.	Ensure that all information, intelligence, direct or indirect evidence of a potential ADRV committed by an individual under your jurisdiction, is brought to the attention of the AIU on a timely basis (directly or through the relevant anti-doping organisation).
	Actively assist the AIU in its investigations when requested to do so.
	Ensure proper and timely pursuit of investigations and disciplinary proceedings under your direct responsibility, if required after consulting the AIU.
	Ensure that the NADO in your country is actively cooperating with the AIU in connection with investigations, cases and proceedings in Athletics.
Reporting and Results Management obligations	
> Timely and efficient reporting, processing, and enforcement of doping cases/decisions in strict accordance with the procedures and timelines set out under World Athletics Anti-Doping Rules and the International Standard for Results Management	Actively assist the AIU in identifying and reaching out to your athlete/support personnel reported with an ADRV (doping control form, contact details...)
	Ensure that any ADRV case that you discover or that you are required to process under the World Athletics Anti-Doping Rules is adjudicated in accordance with the International Standard for Results Management (see Appendix 6 of the Anti-Doping Rules) by an “operationally independent” hearing panel in a timely manner
	Ensure that the AIU has full knowledge at all times of all relevant information pertaining to a case under adjudication by your Federation.
	Enforce the World Athletics Anti-Doping Rules on an athlete or other person’s status during a provisional suspension or ineligibility.
	Ensure full enforcement of any final decision taken under the World Athletics Anti-Doping Rules, including the return of a disqualified athlete’s medals, titles and awards and repayment of prize money.

Member Federation personnel	
<p>&gt; Take all reasonable measures to ensure that all Member Federation personnel and Athlete Support Personnel are of good character and repute, and that the risk of doping in relation to their engagement is minimised.</p>	<p>Put in place strict selection rules and verification/vetting before hiring or engaging individuals (with different degrees of verification/vetting according to their position with your Federation/team).</p>
	<p>Ensure that no person who is provisionally suspended or serving a period of ineligibility is elected, appointed, or employed.</p>
	<p>Terminate with immediate effect your Federation, holding an office or directorship with the Federation or sitting on a committee or commission of the Federation, if such person is found to have committed an ADRV or other breach of the World Athletics Anti-Doping Rules.</p>
	<p>Keep and maintain a complete, accurate and up to date <b>register</b> of Athlete Support Personnel and other persons that you engage or fund to work with athletes, to be provided to the AIU on request.</p>
Medical treatment and supplementation	
<p>&gt; Establish and maintain a systematic, accurate and up-to-date recording of all medical treatments and supplementation administered or dispensed to athletes by any person employed, funded, or authorised by the Federation.</p>	<p>Treatment = all medications, drugs, therapeutic substances and performance supplements administered or dispensed to athletes by the Federation or on behalf of the Federation.</p>
	<p>A full and detailed medications register is to be maintained and made available to the AIU upon request.</p>
Therapeutic Use Exemptions (TUEs)	
<p>&gt; Ensure a system is in place at national level to review and grant TUEs for national-level athletes.</p>	<p>Verify with your NADO that an effective TUE Committee is in place to process TUE applications from national-level athletes in accordance with the World Athletics Rules and the International Standard for TUEs (see Appendix 4 of the Rules).</p>
	<p>Ensure all TUEs granted at national level are duly reported to the AIU.</p>

## SPECIFIC OBLIGATIONS (for Category B Member Federations)

- Testing
- Anti-Doping Oversight Function
- Education
- Other Specific Obligations

Testing	
<p>&gt; Ensure an <b>effective, intelligent</b> and <b>proportionate</b> Testing Plan is implemented and maintained at national level</p>	<p>Communicate your Federation's testing obligations under Rule 15 to your NADO or RADO at the earliest possible opportunity.</p>
	<p>Request, advocate for and (where applicable) ensure funding for the support of your NADO or RADO to implement and maintain an effective Testing Plan in athletics in accordance with the Rule 15 requirements.</p>
	<p>Communicate a long list of athletes likely to be selected for the World Championships to your NADO or RADO to develop an appropriate Testing Plan for this group.</p>
	<p>Update this long list throughout the year, maintaining regular communication with your NADO or RADO.</p>
	<p>Ensure that the Testing Plan:</p> <ul style="list-style-type: none"> <li>- has the objective of adequately testing national team athletes prior to the World Championships</li> <li>- is in place, properly documented, and available to the AIU upon request</li> <li>- includes in-competition testing, no notice out-of-competition testing and pre-competition blood testing as prescribed under WADA's TDSSA</li> <li>- provides for all samples to be collected by the relevant ADO or other sample collection authority in compliance with the International Standard for Testing and Investigations and to be analysed by WADA-accredited/approved laboratories for full menu analysis (or full ABP analysis for ABP samples)</li> <li>- provides for co-operation and co-ordination between any relevant anti-doping organisation and the AIU</li> <li>- is at the request of the AIU, reported against its performance.</li> </ul>

### Anti-Doping Oversight Function

Ensure that your Federation has sufficient resources within its governance and/or management structure to oversee and ensure compliance with the Rule 15 requirements, with one person appointed as the primary contact for the AIU.

### Education

> Use best endeavors to ensure that athletes selected in National Team for World Athletics Series Events or World Championships and all Athletes Support Personnel under your jurisdiction are subject to mandatory education programs on main anti-doping issues

Ensure that all education at national level is provided in co-operation with the NADO or RADO.

Identify and list all participants who take part in national level education programs and ensure the list of participants is available to the AIU upon request.

Co-operate with the AIU for the development and implementation of anti-doping education programs in athletics, including International-Level Athletes.

List of 9 topics to be covered:

- Substances and methods on the Prohibited List,
- Anti-Doping Rule Violations,
- Consequences of doping including sanctions, health and social consequences,
- Doping control procedures,
- Athletes and Athletes Support Personnel's rights and responsibilities,
- TUEs,
- Nutritional supplements risk management
- Harm of doping to the spirit of sport,
- Whereabouts requirements.

Submit an Education Plan to the AIU by 1 March 2025, and submit an Education Report to the AIU in October 2025 (date TBD).

### Other Specific Obligations

The World Athletics Council (upon recommendation of the AIU Board) may impose other obligations as it deems fit and for such period as it deems reasonable and appropriate having regard to the specific circumstances of a Member Federation's anti-doping programme and/or the anti-doping situation in a Member Federation's jurisdiction.